



2XU TRIATHLON SERIES 17/18

Carman's Race 2 Portsea Saturday 9 December 2017
Real food made with real passion. Tri Aquathlon Event Info Guide



**2XU TRIATHLON
SERIES**

www.2XUtriathlonseries.com.au

Presented by
SME360
SPORTS MEDIA & ENTERTAINMENT

2XU
HUMAN PERFORMANCE. MULTIPLIED.

Carman's
Real food made with real passion.

DEGANI

ENRG
SPORT SCIENCE FORMULA™

TRIALLIANCE
#trainingwithpurpose

active feet
if the shoe fits...

 **ENGINE**

Triathlete
magazine

 **SYMMETRY**
PHYSIOTHERAPY



Leader
COMMUNITY NEWS

2XU TRIATHLON SERIES 17/18

Carman's
Real food made with real passion. 
Tri Aquathlon

Welcome to the 2XU Triathlon Series. Race 2 of the Carman's Tri Kids in Portsea will be the first Kids Aquathlon so you can leave the bike at home. With a much later start, you will have plenty of time to arrive and enjoy everything that Portsea has to offer.

GENERAL INFORMATION – CARMAN'S TRI KIDS

LOCATION JARMAN OVAL, POINT NEPEAN, PORTSEA
DISTANCE 150M SWIM / 1KM RUN

KEY TIMES

SATURDAY 9 DECEMBER

RACE KIT COLLECTION

TRI ALLIANCE COACHING WORKSHOP

RACE BRIEFING

RACE START

PRESENTATIONS

7:00am-12:00pm

8:00am

12:05am (at swim start)

12:20pm

Medals at the finish line

EVENT 2 – WAVE STARTS

WAVE #	SWIM CAP	CATEGORY
1 - 12:20pm	FLURO GREEN/ BLACK	All Ages

COURSE MAP



Click the link below for the interactive course map. Select or Unselect layers on left to view just your course. Course Maps will be on the information boards in the venue and at swim start.

INTERACTIVE MAP

WHAT TO DO ON RACE MORNING - CHECKLIST

- ☐ **Number Writing** - Numbers are to be written on the outside of your right arm and front of your right leg. Participants are encouraged to write their number with permanent marker at home, prior to arriving at the venue
- ☐ **Label** all items including your wetsuit and bag PRIOR to arriving on event morning.
- ☐ **Collect your Race Kit if you have not already done so on Saturday**
- ☐ **Security Wristband** - Attach to either wrist.
- ☐ **Parents Wristband** - Make sure Mum or Dad have their wristband on too.
- ☐ **Bag Compound** - There will be a fenced off area managed by SME360 staff and Volunteers near for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings
- ☐ **Attend the Pre Race Briefing**

EVENT MEDICAL SERVICES

Event Medical Services Australia - Located near the finish line

TIPS AND RULES

- ☐ It is essential that you attend the briefing as new and important details about the race may be announced
- ☐ Take care on roads, especially if wet, on corners and turn a rounds.



2XU TRIATHLON SERIES 17/18

Carman's
Real food made with real passion.

Tri Aquathlon

Briefing

- We will give the kids a summary of the information above, and then head down to the beach for a warm up that will be conducted by Tri-Alliance.

Swim 100m

- Wear your SWIM CAP
- If in trouble stand up and raise hand in the air for Lifeguard to assist
- You will be able to touch the ground at all times

Transition

- T-shirt on
- Shoe laces done up

Run 1km

- Out of transition and along the beach side then back into finish line
- Follow event staff and listen to the direction of marshals in blue T-shirts

Finish

- Collect Medal
- Get a drink!
- You're Awesome!