



2XU TRIATHLON SERIES 17/18

active feet
if the shoe fits...

Race 2 Portsea Saturday 9 December 2017
Fun Aquathlon Event Information Guide



www.2XUtriathlonseries.com.au

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Fun Aquathlon

Welcome to the 2XU Triathlon Series. Race 2 of the Active Feet Aquathlon in Portsea, the perfect way to cap off 2017! Just like Race 1, make sure you check out the free action photos of you out on course. Best of luck with your preparation, and for all the first timers, don't forget about the Tips and Tricks session on the Saturday morning. Don't forget to leave your bike at home!

GENERAL INFORMATION – ACTIVE FEET AQUATHLON

LOCATION JARMAN OVAL, POINT NEPEAN, PORTSEA
DISTANCE 300M SWIM / 3KM RUN

KEY TIMES

SATURDAY 25 NOVEMBER

RACE KIT COLLECTION

TRI ALLIANCE COACHING WORKSHOP

RACE BRIEFING

RACE START

PRESENTATIONS

7:00am-8:30am

8:00am

8:45am (at swim start)

9:00am

Approximately 10:00am

TRI-ALLIANCE TIPS AND TRICKS



Tri-Alliance is back with their Tips and Tricks session on Saturday at 8:00am. Perfect for first timers or those that want some expert advice before the day.

[SIGN UP HERE](#)

COURSE MAP



Click the link below for the interactive course map. Select and unselect layers to view just your course. Course Maps will be on the information boards in the venue and at swim start.

[INTERACTIVE MAP](#)

WHAT TO DO ON RACE MORNING - CHECKLIST

- Label** all items including your wetsuit, helmet and bag PRIOR to arriving on event morning.
- Number Writing** - Numbers are to be written on the outside of your right arm and front of your right leg, category letter (found on kit label) goes on the back of your left calf (this is so you can tell who is in the same category as you out on course. Participants are encouraged to write their number with permanent marker at home, prior to arriving at the venue. There will be a number writing area out the front of registration with markers and helpers
- Collect your Race Kit if you have not already done so on Saturday**
- Security Wristband** - Attach to either wrist.
- Timing Band** - Securely attach to your **left** ankle to ensure you receive accurate times. Teams receive one timing band which needs to be exchanged at your bike rack in the com pound. If you withdraw during the race please return to the timing band collection area at the finish line. All athletes must hand back their timing band after they finish (including series athletes).
There is a \$50 charge for any bands lost, damaged or not returned at the finish .
- Bag Compound** – There will be a fenced off area managed by SME360 staff and volunteers for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings
- Attend the Pre Race Briefing**—At the swim start



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EVENT ACTIVATIONS

Tri-Alliance, ENRG Hydration, Symmetry Physio, BBQ & Hahn Bar

TRITATHLON AUSTRALIA

Triathlon Australia work to regulate the races on the day, ensuring participant safety and fairness. Please listen to their direction as they have your best interests, and the interests of others in mind.

EVENT MEDICAL SERVICES

Event Medical Services Australia - Located near the finish line

AFTER THE RACE

- **Timing band** – At the finish line you must return your timing band (All competitors)
- **Presentations** - At the main stage
- **Race results** – Results can be found at the Results Hub marquee on race day
- **Final Race Results and Event Photos** - available on our website <http://www.2XUtriathlonseries.com.au>
- **Recovery Area** - To save the use of plastic bags, we will now have a recovery area in the venue with Aussie Bananas, Symmetry Physio massage & ENRG Hydration and Carman's Muesli Bars
- **Free Photos**— you will be emailed the link to your FREE event photos after the event or go to www.raceatlas.com.au

RULES (Full Triathlon Australia Rules [CLICK HERE](#))

General

Competitors must:

- Practise good sports conduct at all times
- Obey instructions from event officials
- Treat other competitors, officials, volunteers and spectators with respect and courtesy
- Not wear electronic devices e.g. IPOD, mobile phone etc
- Not litter

Transition

-All bags should be removed from transition prior to transition closing for the start of the event.

-Swim Competitors:

- Must wear the swim cap provided
- May use any swimming stroke for propulsion through the water.
- May tread water or float
- May stand on the bottom or rest by holding an object e.g. boat, buoy or paddleboard. However, they must not make forward progress whilst doing this.
- Should raise an arm overhead and call for assistance in an emergency. If assistance is rendered beyond resting, the competitor will be deemed to have not finished the event.
- May wear wetsuits depending on the water and air temperature at time of event
- Must take all their equipment i.e. swim cap and goggles to their designated rack in transition

Run

Competitors:

- Must wear shoes and a top



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Race 2 – WAVE STARTS – FUN TRI DISTANCE

WAVE #	WAVE TIME	SWIM CAP	CATEGORY
	WAVE 1 + HR:M:S		
1 - 9am	0:00:00	FLUORO GREEN / BLACK	F 12-13; M 12-13;
			M 14-15; F 14-15;
2	0:02:30	RED/ WHITE	F 16-19; F 20-29; F 30-39; F 40-49; F 50+
3	0:05:00	ROYAL BLUE/ WHITE	M 16-19; M 20-29; M 30-39; M 40-49; M 50+
4	0:07:30	PURPLE / WHITE	Family & Friends; Teams