# TRIATHLON SERIES 2021



















# **COVIDSafe Event Experience**

# 'Arrive, Compete, Leave'

### **Pre Event**

- Feeling unwell or have Cold or Flu-like Symptoms? Stay home.
- Attending the event? Make sure you are a registered participant, parent, guardian or teacher of a minor.
- Completed the QR code check-in prior to the event
- Unfortunately, we are discouraging spectators to limit the number of people at the event.

### **Arrive**

- Keep 1.5m distance from others in all settings and sanitize hands regularly.
- Masks are to be worn on Arrival and Departure from the event and in common areas while not racing.

### Compete

- Masks are not required when racing or when moving from your bike rack to the start line, during racing, and from the finish to bike check-out.
- Rolling Wave Starts will be conducted to spread participant densities, these will be published below

### Leave

 To enable prompt exit from the event, bikes are able to be collected straight after finishing, from managed transition access points.

# The 10 Steps

10 simple COVID-safe steps that will be in place at the event from our APPROVED COVID-safe Event Plan

- 1. Screening Questions will arrive with your E-Ticket
- 2. No Spectators except for teachers, parents & guardians
- 3. Mandatory Masks when you aren't racing
- 4. Use Santiser Stations located around the venue
- 5. Physically distance at all times mask & e-ticket ready at Kit Collection
- 6. Touchpoints removed self number at home
- 7. New layout in Transition
- 8. New swim start procedure
- 9. Finish Line changes sanitise and move straight through to bike collection
- 10. Results via SMS, no presentations, collect medal at next race

# **O2EVENTS**



# STAY HALF A BIKE LENGTH APART

1.5M - WHEN QUEUING AND MOVING THROUGHOUT

THE EVENT VENUE



## **SANITISE REGULARLY**

CLEAN HANDS ON ENTRY, AT BATHROOMS AND AFTER CROSSING THE FINISH LINE



**WEAR A MASK** 

MANDATORY WHILE NOT RACING





### LETS KEEP EACH OTHER SAFE

FEELING UNWELL OR HAVE COLD SYMPTOMS? STAY HOME

ATTENDING EVENT - MAKE SURE YOU ARE A REGISTERED PARTICIPANT OR COMPLETED THE QR CODE CHECK-IN ARRIVE - COMPETE - LEAVE

### **QR CODE Check-in**





# TRIATHLON SERIES 2021

### **KEY DETAILS**

LOCATION

CATANI GARDENS, ST KILDA

**KIDS TRI** 

100M SWIM / 3KM CYCLE / 500M RUN

### **SATURDAY 16 JANUARY**

**Race Kit Collection** 

12:00pm - 2:00pm

Tri Alliance Tips & Tricks

12:30pm - Online via Facebook & Instagram



### **SUNDAY 17 JANUARY**

**DISTANCE** 

Kids Tri

**Race Kit Collection** 

8:45am - 9:45am

**GIANT Bike Mechanic** 

In venue on event day between 6:00am and 8:30am

**Bike Check-In** 

8:45am - 9:45am

Tri Vic Race Briefing

Online ( )

**RACE START** 

10:15am

**Presentations** 

Finishers medal collected at finish line

**Post Race Bike Collection** 

After finish - cross Beach Road at Cowderoy St via Traffic Controller

# TRI-ALLIANCE TRIATHLON TIPS AND TRICKS





Check out
@2xutriathlonseries
Instagram & Facebook Story
for virtual race tips and tricks
posted Saturday

# INTERACTIVE COURSE MAP





### **EVENT DAY**

- <u>Bring a Mask</u> parent/guardian Face masks are not mandatory for 12 years and under in line with Victorian Government advice.
- Label all items including your wetsuit, helmet and bag PRIOR to arriving on event morning.
- <u>Number Writing</u> Race Number from E-Ticket to be written on the outside of your right arm category letter (found on info board) goes on the back of your left calf (this is so you can tell who is in the same category as you out on course. <u>There will NOT be the ability to do this at the event site</u>. You WILL be able to start if you have forgotten but we encourage you to perform this at home.
- Collect your Race Kit (Saturday OR Sunday, Check Timetable)
- <u>Security Wristband</u> Attach to either wrist.
- <u>Parents Wristband</u> Make sure Mum or Dad have their wristband on too. That way they can go in to the bike compound with you before the race.
- Helmet Sticker Attach to RIGHT-HAND SIDE of helmet.
- Bike Security Sticker Attach the sticker to the handlebars/head stem of your bike.
- <u>Bike Compound Entry</u> Proceed to the bike compound entry. Helmet must also be on and secured.
- <u>Bike Rack</u> There will be a bike rack space clearly marked with your race number and your name on it. If your name does not appear on the sticker, please do not rack your bike in this space; see a transition marshal for assistance. Saturday Late Entries will find their bike rack on the end row, marked "Late Entries" (or blank).
- Arrange gear on the chain ring side of the bike.
- <u>Bag Compound</u> There will be a fenced off area managed by volunteers near the bike compound for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings.
- Attend the Pre-Race Briefing—At the the bike compound

### TRANSPORT & PARKING

• We highly suggest that all competitors ride or take public transport, due to limited parking space and traffic congestion on race-day.

### **PARKING**

- There are several non ticketed and ticket parking areas around the venue
- Please do not park along Upper Esplanade, where the St Kilda Esplanade Market takes place
- For those arriving early there is space in the St Kilda Triangle Carpark, participants must enter via Cavell Street, not Beach Road.
- Alternatively, parking is around St Kilda Marina or Elwood Reserve (via Head Street), allow extra time to walk or ride to the event.



### TRI KIDS TEE

included with series entry, otherwise available for purchase from Event Information



### TRIATHLON RACE DAY CHECKLIST

### **GENERAL**

- <u>Face Mask</u> parent/guardian Face masks are not mandatory for 12 years and under in line with Victorian Government advice.
- Gear Bag
- Race Kit (swim cap, stickers, wristband)
- Sunscreen
- Black Permanent Marker (number - right arm, category - left calf)

### **SWIM**

- Swim Suit or Tri Suit
- Transition Towel (brightly coloured)
- Goggles x 2 (or a spare strap/nose piece)
- Swim Cap (part of your race kit)
- Ear and nose plugs if required

### **ROAD CLOSURES**

There will be road closures of Beach Road that will affect traffic and access to parking on the race day if you have an enquiry about traffic and road closures, please contact our Traffic Enquiries Line.

Traffic Enquiries Line: 0456 479 606.

Operational - Saturday 9am-5pm and Sunday 5am - midday.

### SUNDAY 17 JAN 2021

From – St. Kilda Street, Elwood to Kerferd Rd, Albert Park from 6.00am to 11:00am Beach Road – Beaconsfield Parade, Jacka Boulevard, Marine Parade & Ormond Esplanade

Managed Crossings of Course
Beach Road – Cowderoy St / Pier Road
to access Royal Melbourne Yacht
Squadron & St Kilda Sea Baths
Beach Road – Dickens St to
access St Kilda Marina

### **BIKE**

- Bike and Helmet
- Bike shoes or runners
- Water Bottle
- Socks

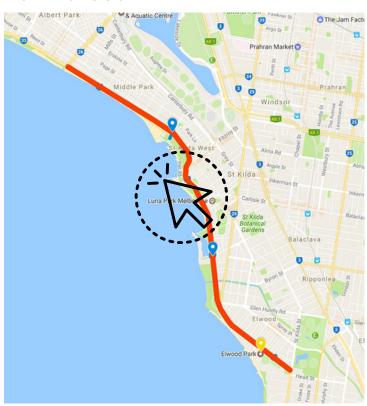
### RUN

- Running Shoes with elastic laces
- Hat (to keep sun off and to keep wet/cool)
- Sunglasses (second clean pair if required)
- Socks (if required)

### **POST RACE**

- Clothing (dry, warm clothing for post race)
- Collect finishers medal at finish line
- Have you got your series tee? (available from Event Info)

### ROAD CLOSURE MAP



### **WEATHER**

O2 Events will communicate with the Weather Bureau regarding specific details of possible weather conditions including intensity, duration and likelihood. In the instance the event is adversely affected by extreme weather, consultation between O2 and relevant authorities will be held to determine the actions required with the safety of participants, staff and the public at the forefront of any decision made.

Water quality - In the instance of large volumes of rain in the days before the event that negatively effect water quality, a call won't be made until the event morning itself of whether to cancel the swim leg and instead have a Run / Bike / Run. The decision is left until the event morning to give a swim every chance of occurring, and pollution clearing. Please follow our facebook for the most up to date information in these instances https://www.facebook.com/2XUtriseries/.



### RACE 1 ST KILDA - WAVE STARTS - KIDS TRI DISTANCE

Please arrive at Swim Start with your age group from the Bike Compound.

Wave groups will then make their way down to the Swim Start Arch in a spaced manner, and cross under the start arch to start.

WAVE#	WAVE TIME	SWIM CAP	CATEGORY
	WAVE 1 + HR:M:S		
1 - 10:15am	0:00:00	ROYAL BLUE / WHITE	11 YEARS OLD
2	0:02:30		10 YEARS OLD
3	0:05:00		9 YEARS OLD
4	0:07:30		8 YEARS OLD
5	0:10:00		7 YEARS OLD
6	0:12:30		MULTICLASS

Briefing

•Check in bike before briefing starts in bike compound (parents welcome) at 10am

•Here we will give the kids a summary of the information above, and then head down to the beach for a warm up that will be conducted by Tri-Alliance.

Swim 100m

- •Wear your SWIM CAP
- •If in trouble stand up and raise hand in the air for Lifeguard to assist
- •You will be able to touch the ground at all times

Transition

- •T-shirt on
- •Shoe laces done up
- Make sure your helmet is done up

Bike 3km

- •Ride North to Harold Street, turn at barriers
- •Head South towards the venue and to dismount line (kids will stay on the northbound lane)
- Marshals will guide the kids the whole way
- •Keep left at all times

Transition

- Rack bike in your allocated spot
- •Take helmet off

Run 500m

- •Out of transition along the beach path and turn at St Kilda Yacht Squadron and back into finish line
- Follow event staff on bike and listen to the direction of marshals in blue T-shirts

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- •Collect Medal
- •Get a drink!
- Finish •You're Awesome!