

**Race Information Guide** Race 5 St Kilda Sunday 28 March 2021 **Kids Tri Event Guide** 



O2EVENTS is proud to bring you:

Race 1: St Kilda, 17 January 2021 Race 2: Sandringham, 31 January 2021 Race 3: Elwood, 14 February 2021 Race 4: Brighton, 14 March 2021 Race 5: St Kilda, 28 March 2021

For all info and registrations visit: www.2xutriathlonseries.com.au



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Beyond Blue

## **COVIDSafe Event Experience**

## 'Arrive, Compete, Leave'

#### Pre Event

- Feeling unwell or have Cold or Flu-like Symptoms? Attended a DHHS Exposure Site? Follow the health advice regarding testing and isolating; <u>https://www.dhhs.vic.gov.au/case-locations-andoutbreaks-covid-19</u>
- Attending the event? Make sure you are a registered participant, parent, guardian or teacher of a minor.
- Completed the QR code check-in prior to the event.
- Unfortunately, we are discouraging spectators to limit the number of people at the event. Please spectate from points along the course.

#### Arrive

- Keep 1.5m distance from others in all settings and sanitize hands regularly.
- Masks are to be worn where you can't maintain social distancing eg. in common areas while not racing.

#### Compete

- Masks are not required when racing or when moving from your bike rack to the start line, during racing, and from the finish to bike check-out.
- Rolling Wave Starts will be conducted to spread participant densities, these will be published below.

#### Leave

• To enable prompt exit from the event, bikes are able to be collected straight after finishing, from managed transition access points.

## The 10 Steps

10 simple COVID-safe steps that will be in place at the event from our APPROVED COVID-safe Event Plan 1. Screening Questions will arrive with your E-Ticket 2. No Venue Spectators - except for teachers, parents & guardians (others may spectate from along course, not the finish line)

3. Mandatory Masks - when you aren't racing

4. Use Santiser Stations - located around the venue 5. Physically distance at all times - mask & e-ticket ready at Kit Collection

- 6. Touchpoints removed self number at home
- 7. New layout in Transition
- 8. New swim start procedure

9. Finish Line changes - sanitise and move straight through to bike collection

10. Results via SMS, no presentations, collect medal at next race





## **STAY HALF A BIKE LENGTH APART**

1.5M - WHEN QUEUING AND MOVING THROUGHOUT The event venue



## **SANITISE REGULARLY**

CLEAN HANDS ON ENTRY, AT BATHROOMS AND After crossing the finish line



WEAR A MASK

WHERE YOU CAN'T MAINTAIN SOCIAL DISTANCING



## LETS KEEP EACH OTHER SAFE

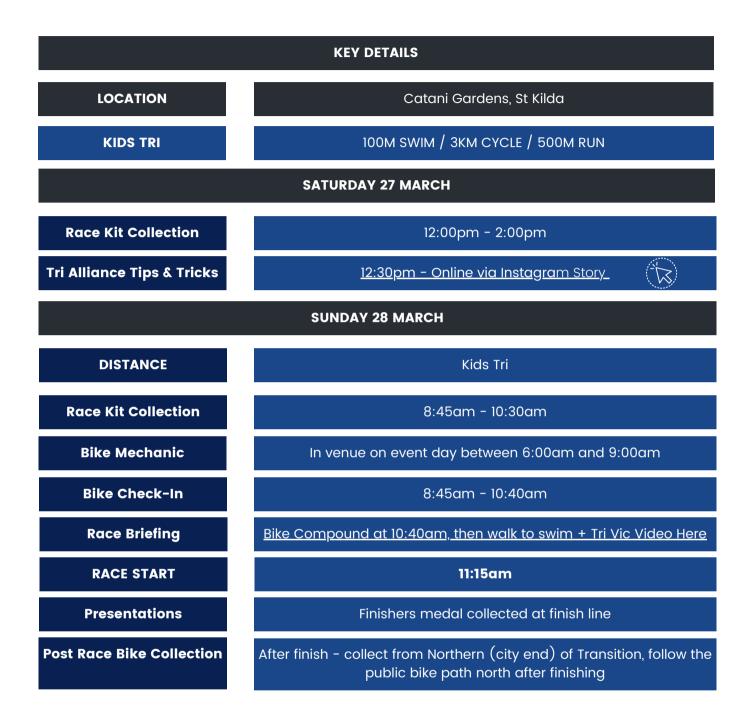
FEELING UNWELL OR HAVE COLD SYMPTOMS? <u>Stay home</u> <u>Attending event</u> - Make sure you are a registered participant or completed the QR code check-in Arrive - compete - leave

**QR CODE Check-in** 









#### TRI-ALLIANCE TRIATHLON TIPS AND TRICKS



posted Saturday

**INTERACTIVE COURSE** 

# **EXAMPLE 1 EXAMPLE 1 EXAMP**

## **EVENT DAY**

- <u>Bring a Mask</u> parent/guardian Face masks are not mandatory for 12 years and under in line with Victorian Government advice. Parents / Guardians need to have a Face mask around the venue where you can't socially distance.
- Label all items including your wetsuit, helmet and bag PRIOR to arriving on event morning.
- <u>Number Writing</u> Race Number from E-Ticket to be written on the outside of your right arm category letter (found on info board) goes on the back of your left calf (this is so you can tell who is in the same category as you out on course. <u>There will NOT be the ability to do this at the event site.</u> You WILL be able to start if you have forgotten but we encourage you to perform this at home.
- <u>Collect your Race Kit</u> (Saturday OR Sunday, Check Timetable)
- <u>Security Wristband</u> Attach to either wrist.
- <u>Parents Wristband</u> Make sure Mum or Dad have their wristband on too. That way they can go in to the bike compound with you before the race.
- <u>Helmet Sticker</u> Attach to RIGHT-HAND SIDE of helmet.
- Bike Security Sticker Attach the sticker to the handlebars/head stem of your bike.
- <u>Bike Compound Entry</u> Proceed to the bike compound entry. Helmet must also be on and secured.
- <u>Bike Rack</u> There will be a bike rack space clearly marked with your race number and your name on it. If your name does not appear on the sticker, please do not rack your bike in this space; see a transition marshal for assistance. Saturday Late Entries will find their bike rack on the end row, marked "Late Entries" (or blank).
- Arrange gear on the rightside of the bike.
- Bag Compound There will be a fenced off area managed by volunteers near the bike compound for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings.
- Attend the Pre-Race Briefing-At the bike compound

#### TRANSPORT & PARKING

We highly suggest that all competitors ride or take public transport, due to limited parking space and traffic congestion on race-day.

#### PARKING

- There are several non ticketed and ticket parking areas around the venue
- Please do not park along Upper Esplanade, where the St Kilda Esplanade Market takes place
- For those arriving early there is space in the St Kilda Triangle Carpark, participants must enter via Cavell Street, not Beach Road.
- Alternatively, parking is around St Kilda Marina or Elwood Reserve (via Head Street), allow extra time to walk or ride to the event.



#### **TRI KIDS TEE**

included with series entry, otherwise available for purchase from Event Information



#### **TRIATHLON RACE DAY CHECKLIST**

#### GENERAL

- <u>Face Mask -</u> parent/guardian Face masks are not mandatory for 12 years, to be worn where you can't socially distance
- Gear Bag
- Race Kit (swim cap, stickers, wristband)
- Sunscreen
- Black Permanent Marker (number - right arm, category - left calf)

#### SWIM

- Swim Suit or Tri Suit
- Transition Towel (brightly coloured)
- Goggles x 2 (or a spare strap/nose piece)
- Swim Cap (part of your race kit)
- Ear and nose plugs if required

#### BIKE

- Bike and Helmet
- Bike shoes or runners
- Water Bottle
- Socks

#### RUN

- Running Shoes with elastic laces
- Hat (to keep sun off and to keep wet/cool)
- Sunglasses (second clean pair if required)
- Socks (if required)

#### POST RACE

- Clothing (dry, warm clothing for post race)
- Collect finishers medal at finish line
- Have you got your series tee? (available from Event Info)

#### **ROAD CLOSURES**

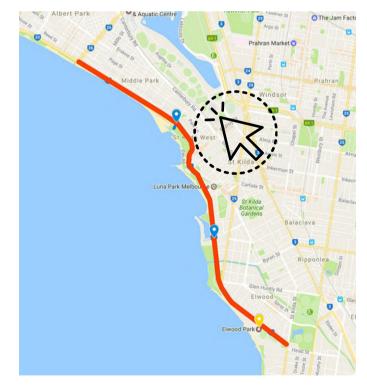
There will be road closures of Beach Road that will affect traffic and access to parking on the race day if you have an enquiry about traffic and road closures, please contact our Traffic Enquiries Line.

Traffic Enquiries Line: 0456 479 606. Operational - Saturday 9am-5pm and Sunday 5am - midday.

SUNDAY 28 MAR 2021 From – Kerferd Rd, Middle Park to St Kilda St, Elwood from 6.30am to 11:45am Beach Road

Managed Crossings of Beach Road – Beach Road – Cowderoy St /Pier Road to access Royal Melbourne Yacht Squadron & St Kilda Sea Baths Beach Road – Dickens St to access St Kilda Marina

#### ROAD CLOSURE MAP



#### WEATHER

O2 Events will communicate with the Weather Bureau regarding specific details of possible weather conditions including intensity, duration and likelihood. In the instance the event is adversely affected by extreme weather, consultation between O2 and relevant authorities will be held to determine the actions required with the safety of participants, staff and the public at the forefront of any decision made.

Water quality – In the instance of large volumes of rain in the days before the event that negatively effect water quality, a call won't be made until the event morning itself of whether to cancel the swim leg and instead have a Run / Bike / Run. The decision is left until the event morning to give a swim every chance of occurring, and pollution clearing. Please follow our facebook for the most up to date information in these instances https://www.facebook.com/2XUtriseries/.

## **ZXU TRIATHLON** SERIES 2021

#### RACE 5 ST KILDA – WAVE STARTS – KIDS TRI DISTANCE

Following a briefing in the Bike Compound, Age Groups will then walk with Tri-Alliance buddies to the Swim Start to begin their Swim.

| WAVE #       | WAVE TIME       | SWIM CAP          | CATEGORY     |
|--------------|-----------------|-------------------|--------------|
|              | WAVE 1 + HR:M:S |                   |              |
| 1 – 11:15 am | 0:00:00         | MULTI COLOUR CAPS | MULTICLASS   |
| 2            | 0:02:30         |                   | 11 YEARS OLD |
| 3            | 0:05:00         |                   | 10 YEARS OLD |
| 4            | 0:07:30         |                   | 9 YEARS OLD  |
| 5            | 0:10:00         |                   | 8 YEARS OLD  |
| 6            | 0:12:30         |                   | 7 YEARS OLD  |

