

2XU TRIATHLON SERIES 2022

Race Information Guide

Race 5 Elwood

Sunday 6th March 2022

Tri-Kids Event Guide



6 RACES

ELWOOD 28/11/21

BRIGHTON 12/12/21

ST KILDA 16/1/22

SANDRINGHAM 6/2/22

ELWOOD 6/3/22

ST KILDA 27/3/22

O2EVENTS

PILLAR
PERFORMANCE

TRI-ALLIANCE
#trainingwithpurpose

 **ENGINE**

TRI-KIDS DISTANCE E-GUIDE

KEY DETAILS

LOCATION

Elwood Reserve, Elwood

KIDS TRI

100M SWIM / 3KM CYCLE / 500M RUN

SATURDAY 5 MARCH

Race Kit Collection

12:00pm - 2:00pm

Tri Alliance Tips & Tricks

12:30pm - 1:30pm

SUNDAY 6 MARCH

DISTANCE

Kids Tri

Race Kit Collection

5:45am - 7:10am

Bike Mechanic

In venue on event day between 6:00am and 8:30am

Bike Check-In

5:45am - 7:10am

Race Briefing

7:10am At the Bike Compound

RACE START

7:25am

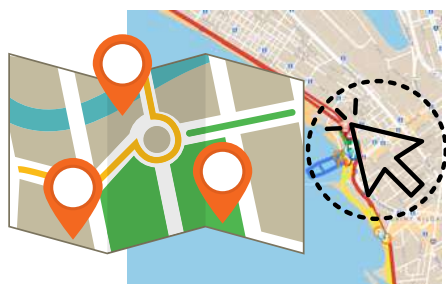
Presentations

Finishers medal collected at finish line

Post Race Bike Collection

After finish - collect from Run Exit corner of Transition, North-Western corner near the Swim Start

INTERACTIVE COURSE MAP



'SUPER SATURDAY'

- Kit Collection 12 - 2pm
- 2XU Pop-Up Retail Store.
- Tri-Alliance Free 'Tips & Tricks'

Coaching 12:30pm Start, Click [HERE](#)

Learn more about the race venue, course, transition area, and the logistics of your race day. Most importantly, we'll provide you with a bagful of tips (and tricks) that you will find handy on race day!

EVENT DAY

- Label all items including your wetsuit, helmet and bag PRIOR to arriving on event morning.
- Number Writing - Race Number from E-Ticket to be written on the outside of your right arm category letter (found on info board) goes on the back of your left calf (this is so you can tell who is in the same category as you out on course. There will NOT be the ability to do this at the event site. You WILL be able to start if you have forgotten but we encourage you to perform this at home.
- Collect your Race Kit (Saturday OR Sunday, Check Timetable)
- Security Wristband - Attach to either wrist.
- Parents Wristband - Make sure Mum or Dad have their wristband on too. That way they can go in to the bike compound with you before the race.
- Helmet Sticker - Attach to RIGHT-HAND SIDE of helmet.
- Bike Security Sticker - Attach the sticker to the handlebars/head stem of your bike.
- Bike Compound Entry - Proceed to the bike compound entry. Helmet must also be on and secured.
- Bike Rack - There will be a bike rack space clearly marked with your race number and your name on it. If your name does not appear on the sticker, please do not rack your bike in this space; see a transition marshal for assistance. Saturday Late Entries will find their bike rack on the end row, marked "Late Entries" (or blank).
- Arrange gear on the rightside of the bike.
- Bag Compound - There will be a fenced off area managed by volunteers near the bike compound for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings.
- Attend the Pre-Race Briefing - At the the bike compound

TRANSPORT & PARKING

- We highly suggest that all competitors ride or take public transport, due to limited parking space and traffic congestion on race-day.

PARKING

- There are several non ticketed and ticket parking areas around the venue
- Access to the Elwood Beach carpark will only be granted via Head Street
- Alternative parking is available around Elsternwick Park, or at St Kilda Triangle where there will be a short ride to the event.
- Alternatively, parking is around side streets, allow extra time to walk or ride to the event.

TRIATHLON RACE DAY CHECKLIST

GENERAL

- Gear Bag
- Race Kit (swim cap, stickers, wristband)
- Sunscreen
- Black Permanent Marker
(number – right arm, category – right calf)

SWIM

- Swim Suit or Tri Suit
- Transition Towel (brightly coloured)
- Goggles x 2 (or a spare strap/nose piece)
- Swim Cap (part of your race kit)
- Ear and nose plugs if required

BIKE

- Bike and Helmet
- Bike shoes or runners
- Water Bottle
- Socks

RUN

- Running Shoes with elastic laces
- Hat (to keep sun off and to keep wet/cool)
- Sunglasses (second clean pair if required)
- Socks (if required)

POST RACE

- Clothing (dry, warm clothing for post race)
- Collect finishers medal at finish line
- Have you got your series tee? (available from Event Info)

ROAD CLOSURES

There will be road closures of Beach Road that will affect traffic and access to parking on the race day if you have an enquiry about traffic and road closures, please contact our Traffic Enquiries Line. Traffic Enquiries Line: 0456 479 606. Operational – Saturday 9am-5pm and Sunday 5am – midday.

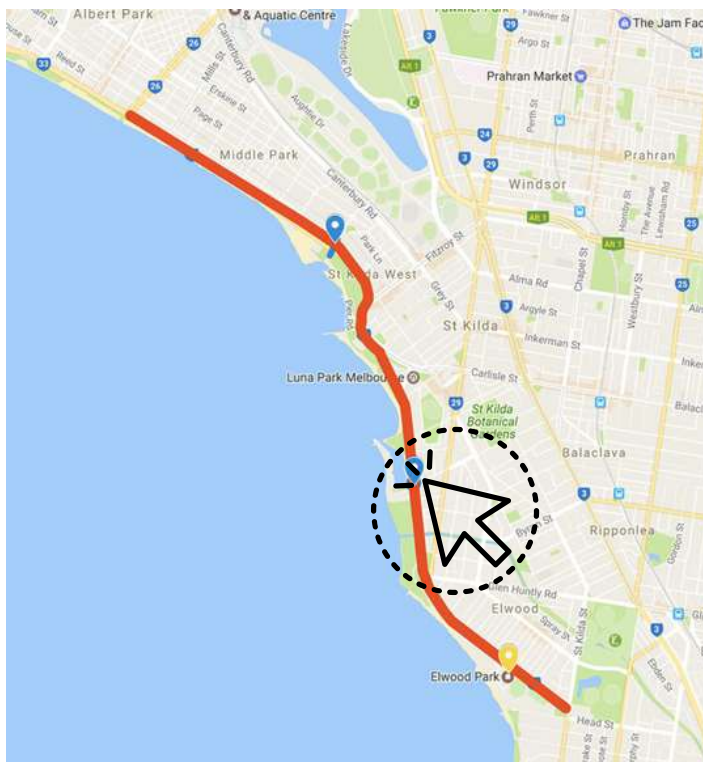
SUNDAY 6 MARCH

From – St. Kilda Street, Elwood to Kerferd Rd, Albert Park from 6.30am to 11:30am
Beach Road – Beaconsfield Parade, Jacka Boulevard, Marine Parade & Ormond Esplanade

Managed Crossings of Course

Beach Road – Cowderoy St / Pier Road to access Royal Melbourne Yacht Squadron & St Kilda Sea Baths
Beach Road – Dickens St to access St Kilda Marina

ROAD CLOSURE MAP



WEATHER

O2 Events will communicate with the Weather Bureau regarding specific details of possible weather conditions including intensity, duration and likelihood. In the instance the event is adversely affected by extreme weather, consultation between O2 and relevant authorities will be held to determine the actions required with the safety of participants, staff and the public at the forefront of any decision made.

Water quality – In the instance of large volumes of rain in the days before the event that negatively effect water quality, a call won't be made until the event morning itself of whether to cancel the swim leg and instead have a Run / Bike / Run. The decision is left until the event morning to give a swim every chance of occurring, and pollution clearing. Please follow our facebook for the most up to date information in these instances <https://www.facebook.com/2XUtriseris/>.

RACE 5 ELWOOD – WAVE STARTS – KIDS TRI DISTANCE

Following a briefing in the Bike Compound, Age Groups will then walk with Tri-Alliance buddies to the Swim Start to begin their Swim.

WAVE #	WAVE TIME	SWIM CAP (COLOUR / PRINT)	CATEGORY
	WAVE 1 + HR:M:S		
1 - 7:25am	0:00:00	WHITE / BLUE	11 YEARS OLD
2	0:01:00		10 YEARS OLD
3	0:02:00		9 YEARS OLD
4	0:03:00		8 YEARS OLD
5	0:04:00		7 YEARS OLD
6	0:05:00		MULTICLASS





**CHALLENGE
SHEPPARTON**
wearetriathlon!



***FAMILY RACING JUST 2 HOURS
FROM MELBOURNE***

**13th March 2022, Labour day weekend
Victoria Park Lake Shepparton
HALF, OLYMPIC, SPRINT & KIDS RACES**