

RACE 1 TRI KIDS EVENT GUIDE







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D healthcare and fitness



TRI KIDS EVENT GUIDE

KEY DETAILS

LOCATION

Elwood Park, Elwood

KIDS TRI

100M SWIM / 3KM CYCLE / 500M RUN

SATURDAY 25 NOVEMBER

Race Kit Collection

12:00pm - 2:00pm

Tri Alliance Tips & Tricks

12:30pm - 1:30pm

SUNDAY 26 NOVEMBER

DISTANCE

Kids Tri

Race Kit Collection

5:45am - 6:30am

GIANT Bike Mechanic

In venue on event day between 6:00am and 8:30am

Bike Check-In

5:45am - 6:40am

Race Briefing

6:40am At the Bike Compound

RACE START

7:00am

Presentations

Finishers medal collected at finish line

Post Race Bike Collection

After finish - collect from Run Exit corner of Transition, North-Western corner near the Swim Start

INTERACTIVE COURSE MAP



TRI-ALLIANCE TRIATHLON TIPS AND TRICKS

Keen to learn more before your race? Collect your Kit on Saturday, and attend Tri-Alliance Tips and Tricks. This includes a walk through of transition and Q&A interactive session. Free Registration Here.

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PREPARING FOR EVENT DAY

TRANSPORT & PARKING

PUBLIC TRANSPORT WHERE POSSIBLE

We highly suggest that all competitors ride or take public transport, due to limited parking space and traffic congestion on race-day.

PARKING

- There are several non ticketed and ticket parking areas around the venue
- Access to the Elwood Beach carpark will only be granted via Head Street
- Alternative parking is available around Elsternwick Park, or at St Kilda Triangle where there will be a short ride to the event.
- Alternatively, parking is around side streets, allow extra time to walk or ride to the event.

RACE DAY CHECKLIST

GENERAL

- Gear Bag
- Race Kit (swim cap, stickers, wristband)
- Black Permanent Marker (number - right arm, category - right calf)
- Sunscreen
- We recommend labelling all items PRIOR to arriving on event morning

SWIM

- Swim Suit or Tri Suit
- Transition Towel (brightly coloured to help you find your bike in transition!)
- Goggles
- Spare goggles (or a spare strap/nose piece)
- Swim Cap (part of your race kit)
- Ear and nose plugs (if required)

BIKE

- Bike and Helmet
- Bike shoes or runners
- Water Bottle
- Socks (if preferred)

RUN

- Running Shoes (with elastic laces for a quicker transition!)
- Hat (for sun protection)
- Sunglasses (second clean pair if required)
- Socks (if preferred)

POST RACE

- Clothing (dry, warm clothing for post race)
- · Collect finishers medal at finish line
- Have you got your series tee? (available from Event Info)





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RACE KIT

RACE KIT COLLECTION

Saturday OR Sunday. Refer to event timetable.

WHAT'S IN YOUR RACE KIT?

- Security Wristband Attach to either wrist.
- <u>Parent/Guardian Wristband</u> Make sure Mum or Dad have their wristband on too. That way they can go in to the bike compound with you before the race.
- Helmet Sticker Attach to RIGHT-HAND SIDE of helmet.
- Bike Security Sticker Attach the sticker to the handlebars/head stem of your bike.
- Swim Cap Your swim cap will signify your wave start.

NUMBER WRITING

Race Number from E-Ticket to be written on the outside of your <u>right</u> arm. The category letter (found on info board) goes on the back of your <u>right</u> calf (this is so you can tell who is in the same category as you out on course).

There will NOT be the ability to do this at the event site.

Please note that you WILL be able to start if you have forgotten but we encourage you to perform this at home.









2XU SERIES 2023

000 OZEVENTS

EXU TRIATHLO TRI KIDS

0000 O2EVENTS



TRI KIDS TEE

Available for purchase from the registration tent.



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GETTING READY TO RACE

BIKE COMPOUND ENTRY

Proceed to the bike compound entry. Helmet must also be on and secured. You will need to collect your Race Kit and apply all required stickers and wristbands to enter the bike compound.

BIKE RACK SETUP

There will be a bike rack space clearly marked with your race number and your name on it. If your name does not appear on the sticker or if you cannot find your race number on a rack; please see a transition marshal for assistance. Saturday Late Entries will find their bike rack on the end row, marked "Late Entries" (or blank).

Remember to arrange gear on the rightside of the bike.

BAG COMPOUND

There will be a fenced off area managed by volunteers near the bike compound for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings.



Attend the Pre-Race Briefing which will take place in the bike compound.



HEAD TO THE SWIM START

Following the race briefing, Age Groups will then walk with Tri-Alliance buddies to the Swim Start to begin their swim.

WAVE #	WAVE TIME	SWIM CAP	CATEGORY (UNTIMED)
	WAVE1+		
1 - 7:00am	0:00:00	YELLOW / BLACK	11 YEARS OLD
2	0:01:00		10 YEARS OLD
3	0:02:00		9 YEAR OLDS
4	0:03:00		8 YEAR OLDS
5	0:04:00		7 YEAR OLDS
6	0:05:00		PARA MULTICLASS



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TIME TO RACE!

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100	М

- Wear your SWIM CAP
- If in trouble stand up and raise hand in the air for lifeguard to assist.

TRANSITION (T1)

- T-Shirt on
- Shoe laces done up
- Make sure your helmet is done up

віке зкм

- Ride North to Point Ormond Rd carpark, turn at barriers
- Head South towards Docker St and then to dismount line
- Marshals will guide the kids the whole way
- Keep left at all times

TRANSITION (T2)

- Rack bike in your allocated spot
- Take helmet off

RUN 500M

- Out of transition around Elwood Sailing Club and back into finish line
- Follow event staff on bike and listen to the direction of marshals in blue t-shirts

FINISH

- Collect Medal
- Get a drink!
- You're Awesome!

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OTHER IMPORTANT INFORMATION

ROAD CLOSURES

There will be road closures of Beach Road that will affect traffic and access to parking on the race day if you have an enquiry about traffic and road closures, please contact our Traffic Enquiries Line.

Traffic Enquiries Line: 0456 479 606. Operational - Saturday 9am-5pm and Sunday 5am - midday.

SUNDAY 10 DEC 2023

From – Dendy Street, Brighton to Balcombe Rd, Black Rock from 6.00am to 11:00am Beach Road

Managed Crossings of Beach Road – Georgiana St / Jetty Road to access Sandringham Yacht Squadron

ROAD CLOSURE MAP



WEATHER

O2 Events will communicate with the Weather Bureau regarding specific details of possible weather conditions including intensity, duration and likelihood. In the instance the event is adversely affected by extreme weather, consultation between O2 and relevant authorities will be held to determine the actions required with the safety of participants, staff and the public at the forefront of any decision made.

Water quality - In the instance of large volumes of rain in the days before the event that negatively affect water quality, a call won't be made until the event morning itself of whether to cancel the swim leg and instead have a Run / Bike / Run. The decision is left until the event morning to give a swim every chance of occurring, and pollution clearing. Please follow our facebook for the most up to date information in these instances https://www.facebook.com/2XUtriseries/.