

# RACE 3 TRI KIDS EVENT GUIDE













## 2XUTRIATHLON SERIES 2024

## KIDS TRI EVENT GUIDE

**KEY DETAILS** 

**LOCATION** 

Catani Gardens. St Kilda

**KIDS TRI** 

100M SWIM / 3KM CYCLE / 500M RUN

**SATURDAY 13 JANUARY** 

**Race Kit Collection** 

12:00pm - 2:00pm

Tri Alliance Tips & Tricks

12:30pm - Click Here For More Info

**SUNDAY 14 JANUARY** 

**DISTANCE** 

Kids Tri

**Race Kit Collection** 

8:45am - 9:45am

**Bike Mechanic** 

In venue on event day between 6:00am and 8:30am

Bike Check-In

8:45am - 9:45am

**Race Briefing** 

9:50am At the Bike Compound

**RACE START** 

10:15am

**Presentations** 

Finishers medal collected at finish line

**Post Race Bike Collection** 

After finish - cross Beach Road at Cowderoy St via Traffic Controller

## INTERACTIVE COURSE MAP



## TRI-ALLIANCE TRIATHLON TIPS AND TRICKS

Keen to learn more before your race? Collect your Kit on Saturday, and attend Tri-Alliance Tips and Tricks. This includes a walk through of transition and Q&A interactive session. Free Registration Here.

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### PREPARING FOR EVENT DAY

#### **TRANSPORT & PARKING**

#### **PUBLIC TRANSPORT WHERE POSSIBLE**

We highly suggest that all competitors ride or take public transport, due to limited parking space and traffic congestion on race-day.

#### **PARKING**

- There are several non ticketed and ticket parking areas around the venue.
- Please do not park along Upper Esplanade, where the St Kilda Esplanade Market takes place.
- For those arriving early there is space in the St Kilda Triangle Carpark, participants must enter via Cavell Street, not Beach Road.
- Alternatively, parking is around St Kilda Marina or Elwood Reserve (via Head Street), allow extra time to walk or ride to the event.

### **RACE DAY CHECKLIST**

#### **GENERAL**

- Gear Bag
- Race Kit (swim cap, stickers, wristband)
- Black Permanent Marker (number right arm, category right calf)
- Sunscreen
- We recommend labelling all items PRIOR to arriving on event morning

#### **SWIM**

- Swim Suit or Tri Suit
- Transition Towel (brightly coloured to help you find your bike in transition!)
- Goggles
- Spare goggles (or a spare strap/nose piece)
- Swim Cap (part of your race kit)
- Ear and nose plugs (if required)

#### **BIKE**

- Bike and Helmet
- Bike shoes or runners
- Water Bottle
- Socks (if preferred)

#### **RUN**

- Running Shoes (with elastic laces for a quicker transition!)
- Hat (for sun protection)
- Sunglasses (second clean pair if required)
- Socks (if preferred)

#### **POST RACE**

- Clothing (dry, warm clothing for post race)
- Collect finishers medal at finish line
- Have you got your series tee? (available from Event Info)







### **RACE KIT**

#### **RACE KIT COLLECTION**

Saturday OR Sunday. Refer to event timetable.

#### WHAT'S IN YOUR RACE KIT?

- <u>Security Wristband</u> Attach to either wrist.
- <u>Parents Wristband</u> Make sure Mum or Dad have their wristband on too. That way they can go in to the bike compound with you before the race.
- Helmet Sticker Attach to RIGHT-HAND SIDE of helmet.
- Bike Security Sticker Attach the sticker to the handlebars/head stem of your bike.
- <u>Swim Cap</u> Your swim cap will signify your wave start.

#### **NUMBER WRITING**

Race Number from E-Ticket to be written on the outside of your <u>right</u> arm. The category letter (found on info board) goes on the back of your <u>right</u> calf (this is so you can tell who is in the same category as you out on course).

#### There will NOT be the ability to do this at the event site.

Please note that you WILL be able to start if you have forgotten but we encourage you to perform this at home.

O2EVENTS



2XUTRIATHLON SERIES 2023
TRI KIDS

9000

HELMET - RIGHT HAND SIDE



9000 OZEVENTS



9000 O2EVENTS



#### TRI KIDS TEE

Available for purchase from the registration tent.



## **GETTING READY TO RACE**

#### **BIKE COMPOUND ENTRY**

Proceed to the bike compound entry. Helmet must also be on and secured. You will need to collect your Race Kit and apply all required stickers and wristbands to enter the bike compound.

#### **BIKE RACK SETUP**

There will be a bike rack space clearly marked with your race number and your name on it. If your name does not appear on the sticker or if you cannot find your race number on a rack; please see a transition marshal for assistance. Saturday Late Entries will find their bike rack on the end row, marked "Late Entries" (or blank).

Remember to arrange gear on the rightside of the bike.

#### **BAG COMPOUND**

There will be a fenced off area managed by volunteers near the bike compound for any large bags. Your race number will be written on a tag which will be attached to your bag. We strongly recommend that no valuables are left in this area and you name all your belongings.



Attend the Pre-Race Briefing which will take place in the bike compound.



#### **HEAD TO THE SWIM START**

Following the race briefing, Age Groups will then walk with Tri-Alliance buddies to the Swim Start to begin their swim.

WAVE #	WAVE TIME WAVE 1 +	SWIM CAP	CATEGORY
	VVAVEIT		
1 - 10:15am	0:00:00		11 YEARS OLD
2	0:02:00		10 YEARS OLD
3	0:04:00	PURPLE /	9 YEAR OLDS
4	0:06:00	WHITE	8 YEAR OLDS
5	0:08:00		7 YEAR OLDS
6	0:10:00		PARA ATHLETES (MULTICLASS)



## **TIME TO RACE!**

**FINISH** 

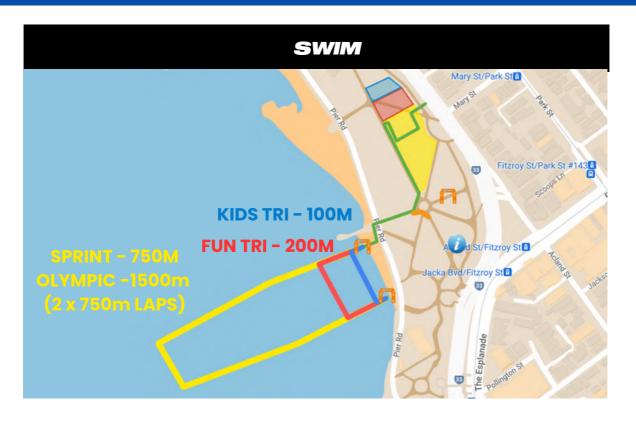
SWIM 100M	<ul> <li>Wear your SWIM CAP</li> <li>If in trouble stand up and raise hand in the air for lifeguard to assist.</li> </ul>	
TRANSITION (T1)	<ul> <li>T-Shirt on</li> <li>Shoe laces done up</li> <li>Make sure your helmet is done up</li> </ul>	
BIKE 3KM	<ul> <li>Ride North to Point Ormond Rd carpark, turn at barriers</li> <li>Head South towards Docker St and then to dismount line</li> <li>Marshals will guide the kids the whole way</li> <li>Keep left at all times</li> </ul>	
TRANSITION (T2)	<ul><li>Rack bike in your allocated spot</li><li>Take helmet off</li></ul>	
RUN 500M	<ul> <li>Out of transition around Elwood Sailing Club and back into finish line</li> <li>Follow event staff on bike and listen to the direction of marshals in blue t-shirts</li> </ul>	
	Collect Medal     Cot a drink!	

Get a drink!

• You're Awesome!

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### OTHER IMPORTANT INFORMATION

#### **ROAD CLOSURES**

There will be road closures of Beach Road that will affect traffic and access to parking on the race day if you have an enquiry about traffic and road closures, please contact our Traffic Enquiries Line.

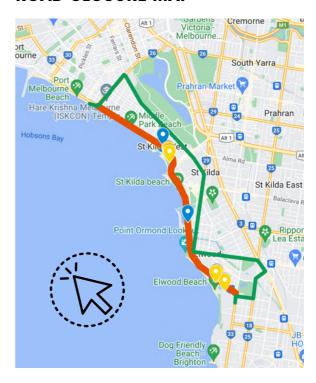
Traffic Enquiries Line: 0456 479 606. Operational - Saturday 9am-5pm and Sunday 5am - midday.

#### **SUNDAY 14 JANUARY 2024**

From – Kerferd Rd, Middle Park to St Kilda St, Elwood from 6.00am to 11:00am Beach Road

Managed Crossings of Beach Road – Beach Road – Cowderoy St /Pier Road to access Royal Melbourne Yacht Squadron & St Kilda Sea Baths Beach Road – Dickens St to access St Kilda Marina

#### **ROAD CLOSURE MAP**



#### **WEATHER**

O2 Events will communicate with the Weather Bureau regarding specific details of possible weather conditions including intensity, duration and likelihood. In the instance the event is adversely affected by extreme weather, consultation between O2 and relevant authorities will be held to determine the actions required with the safety of participants, staff and the public at the forefront of any decision made.

Water quality - In the instance of large volumes of rain in the days before the event that negatively affect water quality, a call won't be made until the event morning itself of whether to cancel the swim leg and instead have a Run / Bike / Run. The decision is left until the event morning to give a swim every chance of occurring, and pollution clearing. Please follow our facebook for the most up to date information in these instances <a href="https://www.facebook.com/2XUtriseries/">https://www.facebook.com/2XUtriseries/</a>.